

Course code	Title of the course:
ERA-1079	Recreation, Leisure and free time Activities in the Lives of Persons with Disabilities
Type of the course: seminar	Level of the course: BA/MA
ECTS credits: 4	Language of instruction: English
How to apply: Learning Agreement: Erasmus Coordinator of the Faculty Neptun Registration	
Prerequisites: 30 credits in Special Education or Education or Social Work or Psychology; good command of English	
Instructor – given name and SURNAME: Judit GOMBÁS Dr.	
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Faculty and department: ELTE Bárczi Gusztáv Faculty of Special Education, Institute for the Methodology of Special Needs Education and Rehabilitation	
The course is offered within the following programme: Erasmus+ exchange study programme	
During the course students get a deeper understanding of the concepts of recreation and leisure and brainstorm on how participation levels among individuals with disabilities can be increased. Students are provided the fundamentals of theory, creative tasks and practice. Topics: <ul style="list-style-type: none"> - Recreation/leisure, legislative background - Overall benefits of recreation and particular advantages for individuals with disabilities - Non-disabled volunteers' role in promoting participation for their disabled peers in recreation and leisure activities - Guidelines of accessibility - Hands-on experience: adapting theatre/cinema/museum visits - Outdoor activities: hiking/sport activities 	
Teaching and learning methods: theory, 'own experience' via simulation, observation.	
Compulsory reading: Peniston L. C. (1998): Developing Recreation Skills in Persons with Learning Disabilities. Selected excerpts, Sagamore Publishing http://www.rifton.com/resources/articles/2001/february/developing-recreation-skills-in-persons-with-learning-disabilities . Packer J., Vizenor K., Miele J. (2015): A. An Overview of Video Description: History, Benefits and Guidelines. Journal of Visual Impairment & Blindness. March-April 2015, 93. Mandell J. (2013): The circle of Inclusion. American Theatre. May/June 2013, vol. 30, issue 5, p66-69. •	
Recommended reading:	
Assessment: active participation in the seminars	

oral presentation