

WITHOUT BARRIERS: INCLUSION FOR ALL IN SPORT

EÖTVÖS LORÁND UNIVERSITY FACULTY OF SPECIAL NEEDS EDUCATION

About the BIP

Organiser: Eötvös Loránd University Bárczi Gusztáv Faculty of Special Needs Education

Credits: 3 ECTS

Date of physical mobility: 31/05/2027 (MON) - 04/06/2027 (FRI)
Venue: Ecseri út 3, 1097 Budapest, Hungary

Dates of virtual parts:

1. session: 20/05/2027 18:30-20:30 (CET)
2. session: 10/06/2027 18:30-20:30 (CET)

This BIP intends to enrich participants' theoretical knowledge of:

- **the physiological, psychological and social benefits of regular PA (physical activity),**
- **disability-specific benefits of regular PA,**
- **the definition of APA (adapted physical activity),**
- **diverse tools, equipment and methods of adapting PA,**
- **international movements of adapted sport (Paralympics, Deaflympics, Special Olympics).**



Parts of the BIP



Introduction (online)

- introduction of the group and of the project,
- overview of the programme of physical mobility,
- discussion of practical arrangements (arrival, getting around in Budapest etc.)

Physical mobility

- daily lectures on sport theory (from 9 to 12),
- daily practical sessions in APA (from 1 to 3) (e.g. introduction to doing sports blindfolded, trying sitting voleyball, wheelchair basketball etc.),
- planning and elaboration of team project

Closing (online)

- presentation of team projects,
- evaluation and closing of project.

Who’s invited?

Any student of higher education who:

- is a future PE teacher,
- future kindergarten/school teacher or teacher of students with disabilities,
- student of physiotherapy or kynesiology,
- is simply interested in adapted physical activity, and believes in the need for providing full social inclusion for individuals with disabilities.

Participants are required to

- enjoy participation in physical activity,
- have a level of physical fitness which makes participation in different sports possible (students are not required to be extremely fit or sporty or to have a sporty background),
- feel committed to the social inclusion of all people, including individuals with people with disabilities,
- be open to taking part in simulation activities (e.g. doing different sports blindfolded or in a wheelchair)
- able to communicate fluently in English,
- participate actively in the whole pproject, including the online part and the physical mobility.



TRAVELLING TO BUDAPEST

There are different options to reach Hungary's stunning capital:

- by **airplane**: search for Budapest (BUD), your can find cheaper flights via Wizz Air and Ryanair
- by **FlixBus**: there are plenty of cities in Europe where you can find FlixBus stops - Budapest is one of them **LINK**
- by **train**: usually it is much cheaper to book via the Hungarian train company (MÁV), check your options here **LINK**
- by **bike** :)



ACCOMODATION

Available dormitories at our university:

If your application will be accepted, you will receive information about the dormitory via email.

If you want something fancy:

- **search on Booking** or
- **check on Airbnb** or
- **find your place on trivago**



ANY QUESTIONS?

Feel free to contact us at **erasmus@barczi.elte.hu**