



**WITHOUT  
BARRIERS:  
INCLUSION FOR  
ALL IN SPORT**

**EÖTVÖS LORÁND UNIVERSITY FACULTY OF SPECIAL NEEDS EDUCATION**



# About the BIP

**Organiser:** Eötvös Loránd University Bárczi Gusztáv Faculty of Special Needs Education

Credits: 3 ECTS

**Date of physical mobility:** 15/07/2024-19/07/2024

**Venue:** Ecseri út 3, 1097 Budapest, Hungary

**Dates of virtual parts:**

1. 25/06/2024 (TUE) 17:00-18:30 (CET zone)
2. 24/07/2024 (WED) 16:00-18:00 (CET zone)

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**This BIP intends to enrich participants' theoretical knowledge of:**

- the physiological, psychological and social benefits of regular PA (physical activity),
- disability-specific benefits of regular PA,
- the definition of APA (adapted physical activity),
- diverse tools, equipment and methods of adapting PA,
- international movements of adapted sport (Paralympics, Deaflympics, Special Olympics).





# Parts of the BIP



## Introduction (online)

- introduction of the group and of the project,
- overview of the programme of physical mobility,
- discussion of practical arrangements (arrival, getting around in Budapest etc.)

## Physical mobility

- daily lectures on sport theory (from 9 to 12),
- daily practical sessions in APA (from 1 to 3) (e.g. introduction to doing sports blindfolded, trying sitting volleyball, wheelchair basketball etc.),
- planning and elaboration of team project

## Closing (online)

- presentation of team projects,
- evaluation and closing of project.



# Who's invited?

## Any student of higher education who:

- is a future PE teacher,
- future kindergarten/school teacher or teacher of students with disabilities,
- student of physiotherapy or kinesiology

## Participants are required to

- enjoy participation in physical activity,
- have a level of physical fitness which makes participation in different sports possible (students are not required to be extremely fit or sporty or to have a sporty background),
- feel committed to the social inclusion of all people, including individuals with people with disabilities,
- be open to taking part in simulation activities (e.g. doing different sports blindfolded or in a wheelchair)
- able to communicate fluently in English,
- participate actively in the whole project, including the online part and the physical mobility.





# ANY QUESTIONS?

Feel free to contact us at [erasmus@barczy.elte.hu](mailto:erasmus@barczy.elte.hu)

